

# Newsletter No. 12

Monday 17 August, 2009



## 2008 School Captain Guest At Second Academic Assembly

Guest at the second Academic Presentation Assembly on July 31 was 2008 School Captain Miki Reilly. Miki is currently undertaking a Bachelor of Fine Arts (Drama) course at QUT Kelvin Grove, after which she plans to complete a Graduate Diploma of Education in order to become a drama teacher. Miki is also a member of the QUT student theatre company, Vena Cava Productions. Miki used her "drama" skills to engage the students in a more interactive presentation.

The assembly was conducted by Treasurer of the Student Representative Council, Brendan Xenos, and Matthew Schier provided assistance with the presentation of certificates.

The highlight of the Second Academic Assembly was the presentation of the State Parliamentarians' Award for Semester 1, 2009. Ms Carolyn Male, our new State Member for Pine Rivers has agreed to continue to support the presentation of this award to the highest academic achiever in each year level. The award can only be won once per year by the same student. Congratulations to the awardees for Semester 1.

<b>Year 12</b>	Peter Bishop
<b>Year 11</b>	Emma Dunlop
<b>Year 10</b>	Jessica Schofield
<b>Year 9</b>	Alexandria Bell
<b>Year 8</b>	Caitlin Rutherford

Certificates of Excellence and Certificates of Merit were also presented at this assembly in the other faculty areas. The Certificates of Achievement were presented to recognise those students who achieved academic excellence across their subjects. The awardee must have received a VHA or an A rating in two thirds of the subjects studied and must have lived by our Code of 'Respect, Pride, Effort and Safety', as for Certificates of Excellence and Merit.

Congratulations to the following students who achieved Certificates of Achievement for Semester 1, 2009.

<b>Year 12</b>	Peter Bishop Tess-Anna Gilfedder Kate Ramsay Courtney Smith
<b>Year 11</b>	Samuel Boyd Vanessa Cawdrey Emma Dunlop
<b>Year 10</b>	Ashlee Noonan Lauren O'Neill Raunak Prasad Michael Saunders Jessica Schofield Sedelle Wagner Sarah Chessell

<b>Year 9</b>	Alexandria Bell Kate Dunlop Matthew French Olivia Gourlay Lia Molina Jayne Moritz Isabella Morosan Jodie O'Brien Shina Prasad Dana Ramke Esther Shewry Jessie Toner
<b>Year 8</b>	Hannah Bishop Millicent Chambers Caitlin Rutherford

Alia Hamid  
Courtney Lupton  
Gregory Mills

Ben Tesch  
Shannen Tunnicliffe



## PUBLICATION OF 2008 YEAR 9 NAPLAN RESULTS

The publication of the 2008 Year 8 National Assessment Literacy and Numeracy (NAPLAN) test results for all schools recently in the Courier Mail has prompted a mixed response from the wider community. Our results have been published previously in our Annual Report for 2008 and have been available on our school website and in hard copy form for some time, as outlined in our newsletter. They are as follows:

	Average Score	% at or above National Minimum Standard
Reading	554	92%
Writing	554	91%
Spelling	558	88%
Grammar and Punctuation	545	82%
Numeracy	554	93%

The fact that our school's and most other Queensland schools are below the national benchmark has been attributed to it being the first year for the Year 9 test in Queensland. In addition, Queensland students have had one fewer years of formal schooling than those in other states before they sit for the test.

At our school, all teachers are required to teach explicitly the literacy and numeracy of their subject. Our English and Mathematics programs are structured to provide consolidation with the basics of literacy and numeracy followed by enhancement responsive to the student ability levels. We believe this has led to significant improvement in outcomes for most students.

Parents/Caregivers of Year 8 and 9 students who have any questions or concerns with regard to their child's literacy or numeracy standards should discuss this with their subject relevant teacher, Head of Department Middle Schooling, Ms Joan Trueman, or Principal Ms Janelle Deakin.

## YEAR 8 ENROLMENT 2010



Enrolment packages have been delivered to all of our main feeder primary schools. All students wishing to enrol in Year 8 for 2010 should complete an Enrolment Application Form and return same to their primary school for collection by our staff. We will confirm enrolment and post all required information the week commencing Monday September 7.

We have vacancies for 12 classes, that is for 336 student, so there should be a place for every student who wishes to attend Pine Rivers State

High School whether he/she is in the Local Catchment Area or not.

Brothers and sisters of currently enrolled students of Pine Rivers State High School must also complete an Enrolment Application which will be confirmed automatically as above.

**News from the Maths Department:**  
**"If you want the rainbow you'll have to put up with the rain."**

**Maths Teams Tournament:** Since the last newsletter, 157 participants (students, parents, supervisors and teachers) from Pine Rivers enjoyed the almost carnival atmosphere of the Teams Tournament. The event was prepared and organised entirely by teachers from our district in their own time. Much fun and learning occurred doing tasks of a problem solving nature. These were interspersed with contributions from Dr. Marty Ross with his entertaining presentations on cylindrical noughts and crosses, the maths behind some of David Copperfield's magic, as well as brain teasers.

Thank you to all who assisted with supervision and transport – we look forward to another great day next year!

**QCATS:** Year 9 students are required to complete the Queensland Comparable Assessment Tasks (QCAT) in English, Mathematics and Science. The QCATs are a government directive which schools have to administer overseen by the QSA. The QSA states: *"QCATS are designed to provide teachers, students and parents/carers with information about student learning in relation to a selection of the Essential Learnings and Standards. QCATS assist teachers to develop familiarity and confidence in using the Essential Learnings and Standards, provide an opportunity to build assessment capacity and promote consistency of teacher judgment of student achievement."*

For Year 9 Maths students, the QCAT will replace the Semester 2 assignment and so will be used as part of the data to determine levels of achievement for the end of year report.

**MathsOnline:** Many parents and students have been taking advantage of this free software program to assist with their understanding and revision of Maths topics. It is rare that a free program is as useful as this one and we encourage students and parents to make full use of it. It is available at <http://www.mathsonline.com.au> and the program is accessible to all schools and students. Each of our students has been given a logon and a unique password.

**Maths Tutoring:** We are continuing to offer tutoring for senior Maths A students. This will occur on Monday (Year 12) and Tuesday (Year 12) afternoons (3.00 – 4.00 pm) in G1. The main aim of the sessions is to help students with specific problems they may be having and students should come prepared.

Some students in Year 12 (mostly Maths C students) also offer their own tutoring to lower grades – this is a private (and financial) arrangement between the tutor and the student.

For students requiring this type of tutoring – contact the student directly or see Mr Hartwig.

**Visit by Moreton Bay Council:** Visitors spoke to our Year 11 Maths A students about water usage. This presentation was well received by students as it helped many students with their term assignment. We thank Moreton Bay Council for making Ruth and Tertia available.

**QAMT Year 8 Quiz:** This competition is a state wide competition with preliminary rounds and semi finals conducted within each EQ district. The first preliminary round will be held Tuesday, August 25 from 3.45 pm till 6.00 pm. Mr Walsh is the teacher coordinating our team. Parents and friends are welcome as spectators – this year we are providing the venue (room G6).

**Australian Mathematics Competition:** This event occurred last Thursday, August 6. Results from this competition will be emailed to the school – award certificates are due to arrive before the September holidays.

**Mr M Hartwig, HOD, Mathematics**



### Congratulations to our Maths HOD, Mr Mal Hartwig

It is pleasing to report that our Maths HOD, Mr Mal Hartwig has been recognised for his contribution to the District Maths Teams Tournament over many years. Mr Hartwig not only initiated and coordinated the district event, he also prepared the questions for each division as well as coordinated our school's teams. Pine Rivers has consistently provided many more participants than others schools. We thank Mr Hartwig for a job well done as he now helps Mr Kevin Fullbrook at Narangba Valley State High School in his transition to coordinator.



### Re Engineering Australia F1 Car Racing Display

Students, staff, parents and friends of Pine Rivers State High School set up and ran a display at the Pine Rivers Show. The main focus of the display was the F1 race track and promotion of the Re Engineering Australia program within the school.

We managed to staff the display for the entire show with the exception of Friday evening.

The public were invited to fire off CO<sub>2</sub> powered balsa wood cars in a drag racing competition.

We fired off 680 cars over the three days and turned over about \$500. After the cost of the

cylinders was removed we cleared \$130 to support REA teams going to the state finals of the F1 challenge in Toowoomba in October this year.

There were many comments expressing surprise at the breadth and depth of study undertaken by the students.

The Junior REA teams walked up to the showgrounds on Thursday and started setting up the display during period 4. Staff and student volunteers completed the set up on Thursday afternoon and Friday morning.

Feedback from the stewards was very positive. They were very impressed with all our students and commented favourably on their manners, presentation, enthusiasm and confidence when speaking with the public.

We had very positive interactions with the community and hopefully created/reinforced positive perceptions of the school.

The second part of the display was a wall of newspaper clippings highlighting the diversity of opportunity offered at Pine Rivers State High School. Large numbers of people stopped to read the news clippings.

Thanks to the following students who assisted Mr Corey Gieskens and Mr Gordon Power with the organisation of the 'showcase' event: Dom Spearman, Tim Duce, Luke Meredith, Zoe Power, Dion Power, Megan Gaskell, Alysha Limmer, Gina Contarino. Special mention must be given to the monumental effort put in by the Reilly family (past students and family) to help run and pack up our display.

**Queensland Core Skills (QCS) Test**  
**Tuesday September 1**  
**Wednesday September 2**



All Year 12 students who are eligible for an Overall Position (OP) and others who are ineligible for an OP who have chosen to sit for the Queensland Core Skills Tests will take these examinations in two weeks time on Tuesday September 1 and Wednesday September 2.

Students have taken part in an extensive preparation program during Access to complement their study of the 49 common curriculum elements (CCEs) which are embedded in the senior curriculum. Students participated in a full-scale practice test on Monday 20 and Tuesday 21 July, respectively with QCS exam conditions, which has been marked. Many students have demonstrated improvement in test results since a previous less formal trial test, which attests to the commitment by the majority of students to the comprehensive preparation process and the test itself.

The test will involve the following:

<b>Tuesday AM</b> <b>Paper One</b> <b>Writing Task (WT)</b> <b>2 hours</b>	<b>Wednesday AM</b> <b>Paper Three</b> <b>Short Response (SR)</b> <b>2 hours</b>
<b>Tuesday PM</b>	<b>Wednesday PM</b>

<b>Paper Two</b> <b>Multiple Choice (MC)</b> <b>1½ hours</b>	<b>Paper Four</b> <b>Multiple Choice (MC)</b> <b>1½ hours</b>
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Students will be treated to breakfast before the test each morning. This event is hosted by the Year 11 students in order to help ensure that their Year 12 colleagues have the necessary nutrients to stimulate the brain.

Students will enter the hall at 8:50am each day in order to receive their instructions for the examinations. Students are required to bring all specific equipment stipulated. **School uniform must be worn for all sessions.**



**PINE RIVERS SHOW**  
**Pine Rivers School Champion**  
**Runner-Up Schools Champion**  
**Secondary Schools**

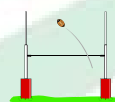
Congratulations to **Sarah Peachey** of Year 12 who was placed Runner-Up Schools Champion in the Pine Rivers School Champion competition staged recently.

**RUGBY LEAGUE**



Congratulations to **Akeem Coveney** of Year 11 who has recently been selected for the Australian Indigenous Under 16 Rugby League team. Akeem will travel to Sydney later this year to compete as a member of this team in a tournament where the Australian Under 16 team will be selected. He will also travel to New Zealand as part of the team's itinerary.

**Australian Rugby League**



Congratulations to **Ben Eeles, Zach Lister and Brandon Zale** who recently flew to Cairns to compete in the NRL Development Shield. They were in the Pine Rivers Under 15 club team who won against Cairns. These boys have been honoured with title of the best U/15 NRL Club Team in Queensland.



**Non-Uniform Day**  
**Tuesday August 25**

The Student Representative Council is conducting its non-uniform day for 2009 on **Tuesday, August 25** in order to raise funds. Students who choose not to wear full school uniform will contribute a gold coin as a donation.

A high standard of dress is required as usual on these occasions. This is stated clearly in the School Responsible Behaviour Plan booklet for all school community members, which should have been taken home earlier this year.

**These are as follows:**

- Dress must not cause offence or embarrassment to members of the school community. Normal school rules apply to the wearing of jewellery and make-up.
- Footwear must comply with work place health and safety requirements – they must be enclosed and substantial if in Science Labs, kitchens and Workshops. No thongs or sandals are permitted.
- All skirts or dresses must be of a suitable length so as not to cause offence.

- Inappropriate slogans should not appear on clothing.
- No bare midriffs, singlets, halter neck tops or dresses, or strapless tops may be worn.



## FROM THE GUIDANCE OFFICE CAREERS

### Guidance Office Online

Guidance Office Online or 'GOO' as it is affectionately known, was launched this semester. There is plenty of information on careers, University courses, TAFE courses, QTAC applications, study skills, mental health and much more. Students can log on to GOO through the I-school link on the Pine Rivers State High School Web Page.

### UPCOMING DATES FOR CAREER INFORMATION SESSIONS

Monday 17/8 **QSTEP/OUT**  
 Tuesday 18/8 **University of Queensland**  
 Thursday 20/8 **Endeavour College of Natural Health**

### Second Break Career Series

The second break career series was designed to fill the gap left by the cancellation of the Careers Expo due to flooding rains earlier this year. The series allows student access to institutions and a range of course information. A range of universities, training organisations and employers have been involved in the lecture series. All Year 10, 11 and 12 students have been encouraged to attend lectures during their second lunch.

### QTAC INFORMATION

All Year 12 students now have a Queensland Tertiary Admissions Centre guide that lists all 2010 University courses and Diploma level TAFE courses. On-Time applications are due 30 September 2009. Students have had access to an introduction program through PREP and should make an appointment to see the Guidance officer if they are unsure of their selections or the QTAC process.

### Sunrise and Twilight QTAC Workshops

'Sunrise' and 'Twilight' sessions are complete: Two morning (7:30-8:30) and two afternoon sessions (3:00-4:00) were held to allow students to work in a smaller group to examine the QTAC application process and ask important questions about the process, and pathways to Diplomas, or Bachelor degrees.

### YEAR 10 TERTIARY PRE-REQUISITES AND CAREER INFORMATION

Half of the Year 10 PREP classes have been part of a Tertiary Pre-Requisites lecture. The remaining students are scheduled for the information as part of the subject selection process on Friday, August 21.



### From Queensland Health

#### **Keep children at home if they are sick.**

Parents are urged to keep their children home if they are sick with flu-like symptoms. Queensland now has more than 1600 confirmed cases of Pandemic (H1N1) 2009 (Human Swine Influenza).

Symptoms of human swine flu are similar to seasonal influenza and include a fever, cough and/or sore throat. Other symptoms can include fatigue, myalgia, headache, body aches or chills.

Queensland Health says one of the best ways to stop the spread of the flu is to keep sick children home and encourage good hygiene. If children are sick, the best thing to do is keep them away from school and other events such as socials and sporting carnivals. This might mean that some children will miss interstate and other planned school trips.

People generally have to be mindful that there are some who are more at risk from swine flu, so those who are sick need to do the right thing and stay at home from school and work.

Queensland is now in the "protect" phase in managing the influenza outbreak and parents need to be aware that while most people who contract the flu are making rapid and full recovery, some who are particularly vulnerable need to seek medical help at the onset of flu-like symptoms.

The essence of the "protect" phase is to concentrate on the early treatment of those in the community who may be more vulnerable to severe outcomes if they contract the virus. Those identified as being vulnerable include pregnant women, Indigenous Australians, people with respiratory disease (including asthma and COPD), heart disease, diabetes, renal and liver disease, obesity and immunosuppression.

If you have any questions regarding symptoms or illness, contact your general practitioner or call Queensland Health on 13 Health (13 43 25 84). Further information is also available from the Queensland Health website.

[www.health.qld.gov.au/swineflu/html/schools.asp](http://www.health.qld.gov.au/swineflu/html/schools.asp)



### From the School Chaplain

Greetings folks, I was this morning, reminded of how powerful and important forgiveness is to all of us. I thought I'd drop a couple of thoughts here and perhaps in future editions of the newsletter.

When I've spoken with people who have either been forgiven, have forgiven someone else, or are telling me a story of forgiveness, I hear some themes common in every account. Firstly, wherever there is forgiveness there is a sense of FREEDOM. Not only for the person who has been forgiven, but also for the person doing the forgiving. The forgiven one gets to "cut loose" their sense of guilt. Their conscience is clear, there is no black mark against them, they don't "owe" the person they offended. They are free. Interestingly, the person doing the forgiving also feel a sense of freedom. They don't have to keep a record of the wrong, they're not weighed down with the burden of holding an offence against someone, they don't "owe" the person that offended them. They are free.

Consider for a minute the concept of "Freedom". What image comes to mind? What thoughts or feelings? Freedom is one of our most basic of needs. We all want to be free. There is a lightness of spirit that comes with freedom, we are not held

back by anything, we can run or fly or dance unhindered. How good is it to be free? While forgiveness is not the only source of freedom, where there is forgiveness, there is always freedom.



### From the Youth Health Nurse

There have been a few health events within the school recently. The last day of Term 2 saw the Health Day combined with the Athletics Carnival. The day went well and a good time was had by all. I would like to thank Lawnton Country Markets who provided the school with boxes of fruit. Apples were quickly made into slinkies that were very popular on the day. Thank you to Cindy and her team from Dermalogica who provided skin care advice and demonstrated how to apply mineral make-up in a subtle manner. The third round of thanks goes to the Year 12 Health Committee and the staff who helped make the day a success through their efforts on the lead up to the day, as well as on the day.

Health screening and education of indigenous students was recently conducted with the Close the Gap: Starting at Schools project involving staff within the school, Indigenous Health (Chermside), Indigenous Community Health, QUT and Bunya Billa. I would like to thank all involved with the project and congratulate the students who participated in the event. This is a large project that will be repeated on an annual basis. It is also envisaged that the project will expand to other schools in the future.

**Ms Nerissa Baker, School Based Youth Health Nurse**



### Stress

Everyone needs some level of stress in their life. There is positive stress that helps motivate us to get out of bed to go to school or work and to do various things throughout the day. There is also negative stress that can build up and become overwhelming to deal with. It is when our stress levels become too high that it is a problem both physically and emotionally. Signs of stress can include:

- Difficulty sleeping
- Poor concentration
- Headaches
- Sore muscles from tension
- Feeling nervous or anxious
- Feeling tired or "drained" of energy
- Feeling sad
- Feeling angry or upset over minor things

There are many reasons for stress. For teenagers the main reasons include exams, homework, peer relationships and family issues. Some simple ways of managing stress include:

- Getting at least 8 hours of sleep a night
- Eating a balanced, health diet
- Exercising regularly
- Managing your time effectively – draw up a plan of things you need to do and when you are going to do them
- Taking the time to do something that you enjoy
- Dealing with one thing at a time
- Learning simple relaxation techniques

If you are concerned about stress, you can talk to the Guidance Officer or School Based Youth Health Nurse. Alternatively, have a look at [www.moodgym.anu.edu](http://www.moodgym.anu.edu)

Ref: [www.cyh.com.au](http://www.cyh.com.au) and [www.headroom.net.au](http://www.headroom.net.au)



### P&C NEWS:

We are still looking for someone to fill the position of Secretary. If you're unsure of what is involved, our meetings are very relaxed so why not come to the next meeting – **Wednesday August 26** – to see for yourself. The meeting starts at 7.30pm in the Common staffroom of the Admin building.



### TUCKSHOP NEWS:

Plenty of **winter warmers** still on the menu – Butter chicken, Quiche, Pasta Bolognaise, Chicken & Pasta Bake, Beef Chop Suey – all home-made here in the tuckshop.

Have you tried the new **Mrs Mac's Pies and sausage rolls** – new sizes, new prices – small \$2, large \$3 and s/rolls \$2.10.

**Freshly baked** on the premises - Choc-chunk and Triple Choc Cookies – 2 / \$1.00.

Don't forget your chance to be in the running to **win an 8GB iPod Nano**. Simply donate any of the following items to the tuckshop and your name will go in the draw. Help us to keep costs down and donate more proceeds to the school. Winner to be announced at end of Term 3.

Alfoil, chux, cling wrap, croutons, ground cinnamon, keens curry powder, long grain rice, low fat mayonnaise, mixed spice, paper towels, pasta (elbows or bows), tinned apple, tinned corn kernels, tinned peas, tinned pineapple pieces, tinned sliced beetroot, tinned tomatoes crushed, tomato sauce, tuna 95g, washing up detergent, washing up gloves.

Do you want to meet some new people, make a positive contribution to our school, or just get out of the house occasionally? – **come visit us at the tuckshop**. We will certainly welcome you and appreciate any time you can give to us. If you know someone who would like to help us, we can help them apply for their 'Working with Children' blue card and as a volunteer, there is no cost involved.

From our volunteers in July, Raye was our **Movie pass winner**. Raye no longer has children at school but continues to volunteer twice a month on our roster. Thank you, Raye.

Our volunteers for the next fortnight:

### August

Tues 18 Julie Mc and Cazna S (am only)

Wed 19 Lyn B, Lexie Mac

Thurs 20 Julie Mc (a.m. only)

Fri 21 Julie Mc (a.m. only)

Mon 24 Josie H (am. Only)

Tues 25 Ros H, Julie Mc (am. Only)

Wed 26

**No volunteers – can you help?**

Thurs 27 Lexie Mac, Julie Mc (am. only)

Fri 28  
Mon 31

Raye Mac, Julie Mc (am. Only)  
Josie H (am. Only)

## Funds go to Instrumental Music to purchase music instruments



## Pine Rivers Aquatics Club

### Pine Rivers High School Pool

Gympie Rd Strathpine  
Ph. 32057682

Learn to Swim to Squad Training  
Best Value in Swimming  
ASCTA Qualified Coach

Season commences Monday October 5.  
Sign on day Sunday August 23, 10.00am to  
12.30pm at the pool.

For more information contact Brett on 0412282419



### Harbour Town Shopping Trip Saturday 24 October, 2009

Back by popular demand!

Hop on the bus, sit back and relax while we take you to a shopping paradise. You will have 7 hours to **'Shop till you Drop'**.

This is a fundraiser for the Pine Rivers High School Music Committee.

Cost \$30.00 (Students \$25) this includes bus transport, morning tea on arrival at Harbour Town, and entertainment on the bus!

**Departs School 7.00 am**  
**Returns School 6.00 pm**

Book now so you don't miss out, contact Christine on 0408 457 705.



### Invitation to PRIMA MEETING

All parents/caregivers are invited to attend our friendly Instrumental Music Parent Support meeting each month.

It is an opportunity for parents to have their say and bring new ideas to support the needs of your children.

**All Welcome**

Next Meeting – Tuesday August 18 at 7:30pm



### Pine Rivers High School BOOKFEST

Bargains Galore

**22 August 2009**

**7am – 2pm**

Come along and grab a bargain – 1000s of books on offer as well as magazines, journals, CDs, DVDs, games  
At School Hall (enter via Ash Court)

Enquiries: School 3881 4700, 3881 4764  
Sharlene on 0417 708 654

### Dates to Remember

Tue 18	SRC Exec Meeting – MMC M/Tea <b>PRIMA Meeting 7:30pm</b>
Wed 19	Year 10 RSC Camp (1) – 3 days SRC Meeting Dining Room
Fri 21	School Assembly Secondary Track/Field Nominations Due <b>Verification Meeting Triennial School Review 1 – 4pm</b>
Sun 23	Yr 12 Drama Rehearsal 12 noon – 7pm
Mon 24	Year 12 Art Excursion
Tue 25	<b>D2C Parent Meeting 7:00pm</b> Year 12 Course Drama Production
Wed 26	Year 10 RSC Camp (2) – 3 days Student Leaders M/Tea Met North Regional Track/Field <b>P &amp; C Meeting 7:30pm</b>
Thu 27	<b>School Council 6:30pm</b>
Fri 28	School Assembly <b>ALL 2010 Year 8 Student Enrolment Applications due at Pine Rivers SHS</b>
Mon 31	Year 12 Interruption-Free Block Year 12 Golf Assessment Day

### COMMUNITY NEWS

#### Pine Rivers Neighbourhood Centre

*The following courses and groups are being offered from July – December 2009.*

**Understanding and Managing Anger** – A therapeutic group program for individuals and couples who are challenged by their own expressions of anger. Held in a safe and confidential space, topics include: Understanding the context in which anger develops, skills and strategies to deal with your anger, improved communication skills for family relationships. Tuesday evenings October 6 – November 3. Times 6:30pm – 9pm for 5 weeks. Cost is \$25 for entire course. No child minding available.

**Parenting Teens** – is a five week program for parents of young people aged 12 – 17 years. The course will provide you with parenting information and tips about young people and a better understanding on how to manage this within your role as a parent. Topics that will be included are: Understanding your teen's behaviour, effective communication, respect and boundaries, fostering healthy family relationships. For further information on any course please phone the centre on 3205 2955 or drop in to 730 Gympie Road, Lawnton. **All course costs are negotiable.**